

USAG Kaiserslautern Youth Sports & Fitness 2010 Basketball

- PROGRAM DESCRIPTION:** Basketball serves ages 5-15.
- SPORTS REGISTRATION FEES:** The cost of the Winter Basketball Program is \$36.00 for the first child. A 10% sibling discount will offered to families with more than one child participating in the same sport season. The over all cost of the sports program is subsidized 66% for all participants in order to keep program costs affordable. If you have special circumstances and need a further reduction of fees, please contact Central Enrollment Office for necessary paperwork at DSN 493-4516 or Civ 0631-3506-4516.
- AGES:** 5-15 are eligible to play basketball.

Division	Age	
Peewee	5-6	(Co-ed)
Minors	7-8	(Co-ed)
JR Bantams	9-10	(Co-ed)
SR Bantams	11-12	(Boys & Girls Teams)
Juniors	13-15	(Boys & Girls Teams)
- PHYSICALS:** Annual health physicals are mandatory for all ages in order to participate in the Flag Football Program. The physical must be presented at the time of registration and current through the sport season, i.e. March 15, 2010. CHILDREN WILL NOT BE PLACED ON A TEAM WITHOUT A CURRENT PHYSICAL. If a physical is needed, call Pediatrics Clinic at Landstuhl Regional Medical Center to make an appointment (DSN 486-5300 or CIV: 06371-86-5300). Please make sure to your Physician completes the CYS Services Health Assessment/Sports Physical (AE form 608-10-1A May 2009). This and other Forms are available on the CYS Services website mwrgermany.com.
- PARENTS MEETING:** Please attend the **Mandatory Parents' Meetings** scheduled on **20 Nov 2009 at 6:00 in the Landstuhl Elementary School Gym**. Team rosters, practice and game schedules, sports philosophy, rules, regulations and more will be covered!
- SCREENINGS:** The Landstuhl Youth Sports Office will organize teams upon completion of registration and screenings. **(Note: only children ages 9-15 need to participate in screenings - see scheduled times and dates on reversed side.**
- GAMES:** All teams ages 5-8 will play each other on Landstuhl Post. Landstuhl players 9 years old and older (minors, majors, juniors and senior teams) play other teams from the Kaiserslautern Military Community. Regular season games begin **9 Jan 2010** Coaches will notify you of any changes to the practice or game schedule. If you are unsure of practice or game times, please contact your coach or the Youth Sports Office (DSN 486-8375). In case of inclement weather, listen to AFN radio for game cancellations; call your coach or the Youth Sports Office. All games are played during the week and on Saturdays.
- COACHES:** All volunteer coaches will be certified in First Aid, have a background check, and be certified by a Youth Sports Clinician through the National Youth Sports Coaches Association (NYSCA). The NYSCA teaches the fundamentals of physiology and psychology of youth, basic sport skills, sportsmanship, and emphasizes participation rather than winning. **All training and certification is provided by Landstuhl Youth Sports & Fitness free of charge. See scheduled times and dates on reversed side. Coaches must attend.**

9. **TRANSPORTATION:** Transportation to practices and games is the sole responsibility of the coaches and parents except for the U.S. Forces Tournament.
10. **REFUND POLICY:** Your sports registration fee may be refunded ***IF*** you decide to withdraw your son/daughter from the sport **before his/her second practice of the season or in the event of documented medical problems.**
11. **REQUESTS:** Every attempt will be made to honor special requests; however, there is no guarantee that all requests will be met. ****Players 9 years and older must be assessed prior to being placed on a team, therefore special request for practice days and times cannot be honored, to ensure that we have balanced teams.**

DATES TO REMEMBER: Basketball

EVENT	TIME	DATE	DAY	LOCATION
Basketball REGISTRATION	9:00-4:00	Begins 13 Oct 09	Tuesday	Central Enrollment Bldg. 2898 Pulaski Barracks & One Stop Shop @ the Landstuhl Post Library
Parent Meeting	6:00-7:30	20 November 09	Friday	Landstuhl Elementary Gym
Coaches Clinic MANDATORY	9:00-5:00	15 November	Saturday	Landstuhl School Age Services Bldg.3851
Practice Begins the week of	5:00-9:00	14 December	Monday	Landstuhl Post Gym/Landstuhl Elementary Gym
Opening Day	9:00	9 January 2010	Saturday	Landstuhl Post Gym/Landstuhl Elementary Gym

SCREENING DATES: Basketball

AGES	TIME	DAY	DATE	LOCATION
9-10YRS BOYS/GIRLS	5:00-6:00	Wednesday	18 Nov 09	Landstuhl Elementary Gym
11-15YRS BOYS/GIRLS	6:00-7:00	Wednesday	18 Nov 09	Landstuhl Elementary Gym

**FOR ANY FURTHER ASSISTANCE, PLEASE CONTACT THE LANDSTUHL SPORTS & FITNESS STAFF, ANTHONY BROCCOLI OR KURT NUSSHAG AT LANDSTUHL YOUTH SPORTS OFFICE AT DSN 486-8375; OR
E-MAIL: kurt.nusshag@us.army.mil
WE ARE LOOKING FORWARD TO A FUN PACKED SEASON.**