

# Kaiserslautern Outdoor Recreation

## MTB Race: 10 July 10

## Road Race (Criterion): 11 July 10

### General Information Sheet



#### Outline:

USAG Kaiserslautern Army Outdoor Recreation is hosting one of the US Forces Europe **MTB Bike Races on Saturday, 10 July 2010**. The race will be held at:

Mountainbikepark Pfalzerwald  
Ende Friedhofstrasse  
67707 Schopp

Directions from A6:

Exit Kaiserslautern Ost/Opel exit. Travel on B270 towards Pirmasens (past Vogelweh AB) for approximately 13km. Take first exit into Schopp. Follow the main road (K7, Hauptstrasse) for about 2 km and take LEFT onto Friedhofstrasse. Follow signs to Mountainbike-Technikparcours (on right hand side).

**The 11 July 2010 Road race (criterion)** will be held on Rhine Ordinance Barracks (ROB) exit Kaiserslautern Ost/Opel circle. While in the Opel circle look for the sign to entrance of ROB just past the Esso gas station. Follow the main road on ROB through the 4-way stop sign and under the bridge spanning the autobahn and turn left. Follow this road approximately ½ mile and look for the American legion on the right. This is our starting point for race.

#### Accommodations:

- 1) Vogelweh Lodging  
Building 1002  
DSN 489-8910/8917  
CIV 0631-536-8910/8917
- 2) Ramstein Inn

Building 305  
DSN 480-4920  
CIV 06371-45-4920

3) Hotel Kurvilla Sickingen  
Landstuhl  
06371-14066  
[www.kurvilla-sickingen.de](http://www.kurvilla-sickingen.de)

4) Hotel America  
Reicswaldstrasse 1c  
66877 Ramstein-Miesenbach  
06371-46810  
[www.hotelamerica.de](http://www.hotelamerica.de)

## Races:

### **Registration:**

Pre-registration is not mandatory but encouraged. Registration forms can be found online at <http://www.mwrgermany.com/kl/odr/odr.htm> or at Outdoor Recreation on Pulaski Barracks, building 2905. Please fill out the form and turn it in at Outdoor Recreation or scan and e-mail to [kloutdoorrec@eur.army.mil](mailto:kloutdoorrec@eur.army.mil). **There is a \$15 registration fee for the MTB event and \$10 registration fee for the criterion, or \$20 for both** that can be paid in cash, check or card prior to the race (if e-mailing form, payment can be made over the phone with credit card at DSN 493-4117 or CIV 0631-34064117). Only cash is accepted day of the race. Day-of registration begins at 0830 and closes at 0930. It is mandatory for all participants to be present for the safety briefing of the course held at 0945!

### **Start number pickup:**

The start numbers for all races will be given out during registration hours, from 0830 to 0930 at the race start line, as well as the event t-shirt. Both are for racers to keep. The t-shirts are handed out on a first come, first serve basis.

### Categories:

Male & Female:

Open (18-34)

Senior (35-44)

Masters (45+)

Youth (Boys & Girls):

Bambino (under 10)

Bantam (10-12)

Junior (13-15)

Senior (16-18)

## Local Information:

### **AAFES**

The closest BX/PX is located on Ramstein approx 7 miles from ROB.

**Commissary:**

The closest commissary is located on Vogelweh AB. After passing through the gates, continue straight through the first stop light. Continue on, passing the bowling alley on the right and movie theater on the left. The commissary will be on your right following these facilities. There is also a commissary on Ramstein AB. ATMs are located here.

**Shoppette:**

Located on Pulaski Barracks/Vogelweh AB, past the commissary, open 24/7.

**Military Police:**

Vogelweh, Building 2067

DSN 489-6060/7070/8005/8006

CIV 0631-536-6060/7070/8005/8006

**Emergency Medical:**

Landstuhl Regional Medical Center

DSN 486-7115/6360 (admissions/inpatient locator)

CIV 06371-86-7115/6360

DSN 486-5762 (appointment desk)

**Race Safety:**

Helmets are required for all racers to be worn at all times. Medics will be on site in case of emergencies. Racers must follow all posted signs and rules and must dismount his/her bike when directed. All racers are allowed and encouraged to pre-ride the course to warm-up and become familiar with the course.

**Contact Information:****Outdoor Recreation**

Steve Selvey, ODR Director 0160-898-0434, DSN 493-4133

Chris Harper Mann 0631-3406-4188, DSN 493-4188

Pre-registrations should be sent to:

[kloutdoorrec@eur.army.mil](mailto:kloutdoorrec@eur.army.mil)

[stephen.selvey@us.army.mil](mailto:stephen.selvey@us.army.mil)

[chris.harpermann@eur.army.mil](mailto:chris.harpermann@eur.army.mil)

**Race Master Schedule 2010 (10 & 11 July)**

0830	Registration tent opens
0930	Registration tent closes
0945	Master Safety Briefing
1000	1 <sup>st</sup> race: All women's categories/Youth Junior & Senior (13-18)
1100	Bambino & Bantam Race (12 & under)
1145	2 <sup>nd</sup> race: All men's categories
1400	Award

\*Times are subject to change

**2010 US FORCES EUROPE MOUNTAIN BIKE RACE SERIES**

Registration Form (*COMPLETE ONE FORM PER RACE*) Form must be signed prior to any form of participation.

Race Location - Date: USAG Kaiserslautern – 10 July Mountain Bike, 11 July Road Race Criterion

Mark One:  **Military/Branch** (select one)  **Civilian/Status** (select one)

Mark One : **MTB**  **ROAD RACE**  **BOTH**

Mark One:  **Male**  **Female**

Mark One:  **Open (18-34)**  **Senior (35-44)**  **Masters (45 +)**

*Youth Categories (Check with host location to see if offered)>*  **Boy**  **Girl**

**Bambino (under 10)**  **Bantam (10-12)**  **Junior (13-15)**  **Senior (16-18)**

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_  
(Last) (First) (Rank) (MM/DD/YY)

**Garrison/Base:** \_\_\_\_\_ (Location of home garrison/ base i.e. Heidelberg, Ramstein, etc.)

**APO Address:** **Line 1** \_\_\_\_\_  
**Line 2** \_\_\_\_\_  
**Line 3** \_\_\_\_\_  
**Line 4** \_\_\_\_\_

**Phone Numbers:** **Work:** \_\_\_\_\_ **Home:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Point of Contact (in case of emergency):** **Printed Name** \_\_\_\_\_

**Phone #** \_\_\_\_\_ **Cell #** \_\_\_\_\_

**Acknowledgement of Risk / Release & Hold Harmless** 2010 U.S. Forces Europe Mountain Bike Race Series

I, \_\_\_\_\_ (parent/legal guardian “print”) of  
\_\_\_\_\_ (child name “print”) understand that Mountain Bike Racing is a dangerous activity and that Mountain Bike Racing presents an inherent risk of damage to my or my child’s property and an inherent risk of Injury or Death to me or my child. I or my child has chosen to participate in this activity on my or my child's own free will. I agree that I will never prosecute or in any way aid in prosecuting any demand, claim, or suit against the U.S. Government, IMCOM-Europe, MWR, Outdoor Recreation Program, any other NAFT's, the race area, host site, or any business, sponsor, organization or individuals associated with conducting this event, for any Loss, Damage, Injury or Death to my or my child's person or property that may occur from negligence, willful misconduct or any other cause related to my or my child's voluntary participation in this activity(s).

\_\_\_\_\_  
Signature of Participant                      Signature of Parent/Legal Guardian      Date Signature(s) and One release per participant required regardless of age.